From US 29 take MD 100 east (Exit 22, Long Gate Parkway). Stay in the right lane as exit 1A is less than 0.1 mile from the end of the exit ramp. After exiting, as you approach the top of the exit ramp, go straight following signs for Meadowbrook Lane. Continue ~0.1 mile to a left turn into the Park and Ride Lot which puts you adjacent to the most developed portion of the park. The paved path that loops through the park is accessible near the lot lot OR: To reach the formal entrance to the park, continue west on Meadowbrook Lane another 0.2 mile. Turn left into the park and go through the series of lots to the one farthest from the entrance. At this point you will be near the path adjacent to extensive wetlands and the hawkwatch knoll. Usually this west end is the most productive section of the park.